



OKIZU

Supporting Families with
Childhood Cancer

83 Hamilton Drive, Suite 200, Novato, CA 94949 TEL 415.382.9083 FAX 415.382.8384 www.okizu.org info@okizu.org

February 2018

Dear campers,

We are glad that you have signed up to join us for the Okizu Bereaved Teen Weekend on **April 6-8, 2018**. We are planning a fun weekend and are looking forward to having you at camp.

This is your acceptance packet. Please read through it and let us know if you have any questions.

In order to make the weekend run smoothly, there is some paperwork that we need to take care of. If the program participant is 13 to 17-years-old, the forms must be completed and signed by a parent/guardian. If the program participant is 18-years-old or older, the forms can be completed and signed by the camper or by a parent/guardian.

We are enclosing the bus schedule for you. Please remember that Friday night traffic may delay the bus. Bring a bag dinner for the ride up. We will have pizza when we get to camp, but you won't arrive until 10:00 or 11:00 pm.

We are also enclosing a Consent Form. **Everyone needs to sign or have their parent/guardian sign and bring the form with them to the bus stop or to camp on Friday.**

The Health History Form was completed with your application. If you are otherwise healthy, no additional forms are needed at this time. Please make sure to notify the Okizu office if there is a change in your health status before the trip.

Please remember it's potentially cold and rainy at camp, so pack accordingly (warm clothes, an extra blanket, and rain gear would be a good idea). Please feel free to call or email suzie@okizu.org if you have questions.

See you at camp,

Suzie Randall
Executive Director Operations

Okizu Fall Bereaved Teen Weekend Transportation Information 2018

You are scheduled for the April 6 – 8, 2018 weekend program.

Below is a list of bus stop loading/arrival times for the session listed above. On the following pages, you will find directions to all of the stops. Please be advised that the return times are approximate and are dependent upon traffic and any delays that might occur at camp or at any other bus stop. It is advised that you arrive ten to fifteen minutes early just in case the bus arrives early.

Safety Reminder: Please drive carefully and slowly at all Okizu bus stops. All stops are in public areas. Please be aware of pedestrians, other vehicles, and any other hazards. All pets should remain in the car at the bus stop.

Friday

(From the bus stop to camp)

Bus Stop – Palo Alto

Load – 4:30 pm
Depart – 4:45 pm

Bus Stop – East Bay

Load – 6:00 pm
Depart – 6:15 pm

Bus Stop – Fairfield

Load – 6:45 pm
Depart – 7:00 pm

Bus Stop – Sacramento

Load – 7:30 pm
Depart – 7:45 pm

Drivers

Arrive at camp AFTER 8:00 pm. Please make sure you arrive after 8:00 pm. No one will be at camp and camp will not be open until 8:00 pm.

Sunday

(From camp to the bus stop)

Bus Stop – Palo Alto

Depart – 1:00 pm
Arrival Home – 5:15 pm

Bus Stop – East Bay

Depart – 1:00 pm
Arrival Home – 4:00 pm

Bus Stop – Fairfield

Depart – 1:00 pm
Arrival Home – 3:30 pm

Bus Stop – Sacramento

Depart – 1:00 pm
Arrival Home – 3:00 pm

Drivers

Pick your camper up between 12:30 – 1:00 pm

Please see attached pages for directions to all Okizu bus stops.

If you need to contact someone on Friday or during the weekend, please call:

- 1. Camp Director Kristi - 916.221.1749**
- 2. Camp Okizu Landline - 530.589.6985**
- 3. Bus Chaperone - 530.854.9155**

Palo Alto: The Okizu bus will pick up and drop off at Palo Alto High School, 50 Embarcadero Road, Palo Alto, CA 94301. The parking lot is on the corner of Embarcadero Road and El Camino Real.

From US-101 North

Head northwest on US-101 North toward Exit 402
Keep left at the fork, follow signs for Embarcadero Road/Stanford University
Keep left at the fork, follow signs for Embarcadero Road West and merge onto Embarcadero Road
Keep left at the fork
Palo Alto High School will be on the left

From US-101 South

Take exit 402 for Embarcadero Road/Oregon Expressway
Keep right at the fork, follow signs for Embarcadero Road West and merge onto Embarcadero Road
Keep left at the fork
Palo Alto High School will be on the left

From I-280 North

Head west on I-280 North
Take exit 24 for Sand Hill Road
Keep right onto Sand Hill Road
Turn right onto Arboretum Road
Turn left onto Galvez Street
Continue onto Embarcadero Road
Palo Alto High School will be on the left

From I-280 South

Head southeast on I-280 South
Take exit 24 for Sand Hill Road toward Menlo Park
Keep left at the fork, follow signs for Sand Hill Rd E
Keep right at the fork, follow signs for Sand Hill Road and merge onto Sand Hill Road
Turn right onto Arboretum Road
Turn left onto Galvez Street
Continue onto Embarcadero Road
Palo Alto High School will be on the left

East Bay: The Okizu bus will pick up and drop off at Park and Ride lot at the Hilltop Mall-Auto Plaza exit.

From I-80 East

Take exit 19B toward the Hilltop Mall-Auto Plaza
Continue straight through the intersection, across Hilltop Drive
Take an immediate left into the Park and Ride lot

From I-80 West

Take exit 19B toward Hilltop Mall-Auto Plaza
Keep left at the fork; follow signs to Hilltop Drive South
Turn left onto Hilltop Drive onto the overpass
At the end of the overpass, turn left at the first light
There is a green 'park and ride' sign and you can see the lot on your left.
Take an immediate left into the Park and Ride lot

Fairfield: The Okizu bus will pick up and drop off at Park and Ride lot at the Red Top Road exit on I-80. It is across from the Sunnyside Dairy.

From I-80 East

Take the Red Top Road exit
Turn left at the stop sign onto Red Top Road – You will go under the freeway
Continue through the next stop sign on Red Top Road
Follow road around the right, past the 76 station
Turn right into the Park and Ride lot

From I-80 West

Take the Red Top Road exit
Turn right onto Red Top Road
Follow road around the right, past the 76 station
Turn right into the Park and Ride lot

Sacramento: The Okizu bus will pick up and drop off at the J/K section of the Ikea parking lot, 700 Ikea Court, West Sacramento, CA 95605.

From I-80 East

Take the Reed Avenue exit
Turn Right onto Reed Avenue
Turn Right onto Ikea Court
Continue to the J/K section of the parking lot

From I-80 West

Take the Reed Ave. exit toward West Sacramento
Turn Right onto Reed Avenue
Turn Right onto Ikea Court
Continue to the J/K section of the parking lot

None/Driving:

You are responsible for your child's transportation to and from camp. Please see the attached map for directions to camp and plan to drop off on Friday between 8:00 and 10:00 pm and pick up on Sunday between 12:30 and 1:00 pm.

Note:

- Please allow plenty of time to find the Okizu bus stops. We are not able to hold the bus for folks who are late and it can be very sad and stressful if you miss the bus.
- Please research the specific directions from your house before you head to the bus.

WHAT TO BRING TO CAMP: Except for food, you are responsible for all provisions such as sleeping bags or blankets, towels, etc. You do not need to own all these items to attend Camp Okizu. Please call the office if you have questions or need help with items on the list.

The following lists some of the essentials for the weekend:

Sleeping bags/warm blankets/pillows (an extra blanket is suggested for spring and fall weekends)

Clothing – socks, underwear, shirts, shorts, pants, etc.

Warm jacket/sweatshirt

Rain gear – just in case

Swimsuits

Towels – for showering and swimming

Toiletries – shampoo, soap, toothbrush, toothpaste, deodorant, etc.

Sunscreen and insect repellent

Flashlight/lantern and batteries

Closed toe shoes

PERSONAL PROPERTY REGULATIONS:

- We do not allow pets, alcohol, illegal or recreational drugs (including tobacco products, electronic cigarettes, and matches/lighters), or weapons of any kind. People who bring any of these items will not be allowed at camp.
- Personal vehicles are allowed to transport campers and staff to camp, but must remain in the parking lot (and not driven around camp) while camp is in session.
- Personal sports equipment (archery, fishing, bats, climbing gear, etc.) is discouraged, as items often get lost or damaged while at camp. If you/your child opts to bring them, they must be packed, stored and transported to camp in a way that will be safe for anyone who comes in contact with them. We will not be responsible in case of loss or damage under any circumstances.

SPECIAL NEEDS: If you have any special needs such as dietary restrictions, questions about wheelchair accessibility, need indoor, self-contained accommodations or have medical needs you feel we should know about in advance, please let us know as soon as possible.



Okizu Spring Bereaved Teen Weekend Consent Form 2018

I give consent for myself/my child, _____, to attend Camp Okizu. I understand that activities in which I/my child might participate include, but are not limited to, swimming, boating, arts and crafts, group sports, archery, hiking, and the ropes course.

Because there is no regularly scheduled transportation, if for any reason it is determined by the Okizu staff that my child must leave before the end of his/her session, I agree to be responsible for his/her transportation from Camp Okizu within 6 hours.

By participating in Okizu's programs, you are authorizing us to use photos or videos of you or your family in our brochures, on our website, or in any other fundraising or public relations material. If you do not wish us to use your images, you need to file a "No Photo Authorization" form with our office. You need to renew this form each year. Please call or email our office to obtain this form.

In an effort to communicate important information, last minute updates, bus schedule changes, and any potential emergency information, we may contact you by text. By participating in Okizu's programs, you are authorizing us to use your cell phone number to send text messages regarding your/your child's session(s) at Okizu. If you do not want to receive information via text you need to complete an "Opt Out" form. Please call or email our office to obtain this form.

I understand that any contact my family chooses to have with Camp Okizu volunteer staff after camp is at my discretion.

We are delighted to have the resources to provide bus transportation to and from Camp Okizu. By participating in our bus service you agree to adhere to the Okizu bus policy by being on time for drop off and pick up.

I give consent for all written material, such as poems or expressions in writing by myself/my child, to be used for publicity purposes by Okizu, American Cancer Society, and participating hospitals.

Please initial applicable lines:

_____ I consent to my/my child's participation in all activities of the camp.

_____ I consent to my/my child's participation in all activities of the camp except as noted below:

Parent Signature if under 18 /Participant Signature if over 18

Date

Authorization to Consent to Treatment of Minor:

I am the parent/guardian of _____, a minor. I authorize Okizu Camp personnel to (i) consent to any x-ray examination, anesthetic, medical, dental or surgical diagnosis or treatment, and hospital care which is deemed advisable by any physician, dentist or surgeon; and (ii) obtain a copy of any of my child's health records and to communicate with and receive information from any of my child's health providers about my child's health status or history.

I understand that reasonable measures will be taken to safeguard the health and safety of campers and that I will be notified as soon as possible in case of an emergency. However, in the event of my child's illness or accident, I will not hold Camp Okizu, the Okizu Foundation, or any of its directors, employees, or agents liable for harm to my child. This authorization shall remain effective until revoked in writing.

Please print name: _____ **Relationship:** _____

X Signature: _____ **Date:** _____

Parent Signature if under 18/Participant Signature if over 18

If for religious or other reasons you cannot sign this, contact the camp for a legal waiver which must be signed for attendance.

Please bring this form with you to the bus stop or to camp on Friday!